



Family Support Group

In collaboration with Down Syndrome Association (Singapore) (DSA),
Dr Sreedharan Geetha Sajith of Institute of Mental Health will speak on
“Common Mental Health Concerns in Persons With Down syndrome”

Date : Saturday, 21 April 2018
Time : 9.30am - 11.30am (Registration at 9.15am)
Venue: **Studio 1, DSA Centre, 9 Bishan Place, #09-01 Junction 8 Office Tower, Singapore 579837**

Speaker's Profile:

Dr Sajith joined the department of General Psychiatry, Institute of Mental Health (IMH) in 2011. He is currently the Senior Consultant in Psychiatry at the Adult Neurodevelopmental Service. He has extensive experience in managing mental health issues for people with intellectual disabilities including those with Down syndrome.

Synopsis of Talk:

Persons with Down syndrome may develop mental health issues during their lifetime. Certain mental conditions like Depression, Anxiety and Alzheimer's Dementia are more common than others.

The objective of this talk is to:

- I. Give an outline of common mental health conditions occurring in persons with Down syndrome
- II. Provide an overview of management of these common mental health conditions.

Target Audience: Caregivers of persons with Down syndrome

Please **submit** your registration form to **Janet** at email:

janet@downsyndrome-singapore.org or call 6500 9304 for any queries.

DSA Members: Free; Non-DSA-Members: \$20.

Registration Form: (Please complete and return by the latest Thursday, 19 April 2018)

	Persons with Down syndrome	Parent/s, Siblings, Caregivers
Full Name (as stated in NRIC)		
Contact No.	NA	
Attending	NA	Yes
Email Address	NA	

(*) Please complete all fields.

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Please note: Photographs will be taken by DSA at this event and may be used for internal purposes or published in DSA newsletters and Annual Reports.